

RET.
150 ml
Ref.
7802

WHL.S.
250 ml
Ref.
7802P



 JANSSEN
COSMETICS

BODY

- **Thermoactive Cream Gel**
- **Encourages the reduction of cellulite on the thighs and buttocks**
- **Reduction of upper arm circumference**
- **Slimming effect (waist, stomach)**
- **Pleasantly light texture, absorbs quickly into the skin**
- **Suitable for a body wrap**

Body Contour Booster

ANTI-CELLULITE & WEIGHT LOSS BOOSTING GEL

Body Contour Booster is a thermoactive gel that cares for your figure by targeting and combating cellulite and fat cells. The fast-acting formula contains the innovative Cellu-Slim Complex, made from mustard sprout extract and capsaicin. The principle for using these unique plant complexes is based on new scientific findings which demonstrate that they can promote fat cells to burn fat instead of storing it. Mustard sprout extract has been shown to stimulate the conversion of fat-storing cells into fat-burning cells. At the same time, capsaicin boosts skin microcirculation. The combination of both extracts in the new Cellu-Slim Complex activates two important mechanisms in the skin to reduce both visible cellulite and body circumference. Clinical studies carried out over 8 weeks have confirmed the strong, fast-acting and visible slimming and anti-cellulite effects of the complex.

Furthermore, thermoactive ingredients improve microcirculation and the absorption of active ingredients. Avocado oil cares for the skin.

The smooth texture rubs in quickly and should be applied at night-time.



Application in the cabin

Body Contour Booster is a possible final step in the **CONTOURING** treatment.

Application at home

Apply Body Contour Booster to problem areas after cleaning the body with the Oxygenating Body Scrub and massage in. The individual areas of skin between the thumbs and index finger can be "plucked" and, as long as it is possible, pulled away from the muscle. Carry out the so-called "plucked massage" systematically from the knees, over the thighs up to the buttocks and hips.

Note: The metabolism-activating effects can lead to a warm/cold feeling, depending on the skin of every individual person. This is completely normal and does not indicate an intolerance. Please do not use directly after hair removal. Please avoid contact with the eyes and mucous membranes. Wash hands after applying.



ACTIVE INGREDIENTS

- **Cellu-Slim Complex:** Based on two vasodilatory active ingredient components: Capsaicin, the active substance in chilli, and mustard sprout extract (*Brassica alba*). These two ingredients activate microcirculation and combat water retention in cellulite tissue. Cellu-Slim Complex also empties the cells in fatty tissues and converts the fat-storing adipocytes in the cells to actively burn lipids and therefore generate body warmth
- **Avocado oil:** Rich in natural fatty acids and Vitamins A, E and D; cares for and protects the skin, leaving behind a soft and smooth-feeling complexion
- **Vanillyl-Butyl-Ether:** Induces a feeling of warmth
- **Menthol:** Cools and stimulates the metabolism



Cellulite is a visible change in female subcutaneous tissue: through increased storage of fat, the fat cells increase in size. The areas around the buttocks, hips and thighs are particularly affected, but also in the upper arms, the fat cells can stretch by up to 10 times their size and therefore constrict blood and lymphatic vessels in the dermis. In the affected areas of the body, this is often the reason for reduced circulation and slow lymph flow. The inflated fat cell structure pushes itself through the loose female connective tissues and the thin epidermis. The results of this are visible dents that resemble orange peel. This lends the affected skin areas the common expression "cottage cheese".

The appearance of cellulite is promoted by a hereditary predisposition, hormone balance, weight issues, connective tissue weakness and insufficient movement, among other things. From a cosmetic point of view, there are three different grades of severity in regard to complexion:

Severity grade 0: Cellulite free

Severity grade 1: Slight cellulite that is first visible by the so-called pinch-test (you pinch the skin of the affected area together)

Severity grade 2: Cellulite is visible when standing but not when laying down

Severity grade 3: Cellulite is visible when standing and when laying down

To fight against cellulite, lots of movement is recommended, as well as a healthy diet and an innovative product named **Cellu-Slim Complex**. This plant-based active ingredient complex uses the knowledge that fat cells can be converted to burn fat instead of storing it. The newly discovered fat-burning fat cells are called brown fat cells and the mechanism of converting normal white fat into brown fat is called "browning". **Cellu-Slim Complex** stimulates the conversion of white adipocytes into brown adipocytes (fat cell browning) and works to combat cellulite and subcutaneous fat.

EFFECTIVENESS STUDIES for Cellu-Slim Complex

1. IN-VITRO STUDY

a) Stimulation off at cell browning

To find out whether the ingredients in *Brassica alba* are able to induce *browning* of fat calls, pre-adipocytes, the progenitor cells of fat tissue, were cultivated in a medium, evoking the differentiation of the adipocytes. The cells were treated with *Brassica alba* extract and untreated cells acted as a control. After the differentiation of adipocytes, the expression of markers of brown fat tissue in the treated and untreated fat cells was observed.

Result: With 0.33% Brassica alba seed extract, treated fat cells expressed up to 125% more marker substances of brown fat tissue than the control cells.

2. IN-VIVO STUDIES

a) Measurement of subcutaneous microcirculation

21 female test subjects (average age 37.7 years) were treated with an emulsion that contained **2% Cellu-Slim Complex** and the other thigh was treated with a placebo. Subcutaneous circulation was immediately measured after the one-time application with a Doppler laser DRT4 in 15 minute stints throughout a total of 75 minutes.

Result: The one-time application of the emulsion with 2% Cellu-Slim Complex had an immediate effect on the circulation, without visible redness or irritation. The placebo indicated no significant effect.

b) Clinical study on measuring body circumference and the anti-cellulite effect

18 female test subjects (average age 42.3 years) with cellulite on the thighs (Grade 2-3) applied an emulsion with 2% Cellu-Slim Complex on the stomach, one thigh and one arm twice a day for 8 weeks. The according placebo cream was applied to the other thigh and other arm. As an indicator of the cellulite grade, the so-called Dermis-Hypodermis Junction Distance (DHJD) was measured. When the layer between the dermis and the hypodermis is inconstant, as it is in the case of cellulite caused by fat tissue coming through, the length of the DHJD is greater than it would be in the case of tight skin. A decrease in DHJD therefore indicates a reduction in cellulite. In addition, the circumference of the thighs, stomach, waist and upper arms was measured before and after the treatment and before/after photos were taken to document the visible changes.

Result: After 8 weeks of treatment with an emulsion that contained 2% Cellu-Slim Complex the DHJD reduced by more than 18%. Furthermore, there was a significant reduction in the averages of measured circumferences: -3.4 cm waist circumference, -4.1 cm stomach circumference, 0.9 cm upper arm circumference and -2.2 cm thigh circumference. These reductions were also visible in the before/after photos.